

Shrewsbury Parks and Recreation  
Donahue Rowing Center, Lake Quinsigamond  
508-841-8503



## ADULT INTRODUCTORY ROWING PROGRAM Summer 2006

### Sculling (Two Oars)

Sculling is the form of rowing favored by most recreational rowers. Discover the benefits of speed, serenity and physical activity. Graduating High School Seniors are welcome to join the class.

### Registration

In person beginning May 13<sup>th</sup> at Shrewsbury Town Hall. Mail-ins accepted May 15<sup>th</sup> at Shrewsbury Parks & Recreation, 100 Maple Ave. Shrewsbury, MA 01545  
Due to equipment rentals, there is limited space.

**Program Director: Jason Steele, Head Coach of WPI Women's Crew Team.**

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**Please Print Information**

Full name: \_\_\_\_\_ Age if under 21: \_\_\_\_\_

Address: \_\_\_\_\_ Town: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone (emergency use only): \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Allergies or Medical concerns: \_\_\_\_\_

Check Section Below:

Resident: \$250

Non-Res: \$250

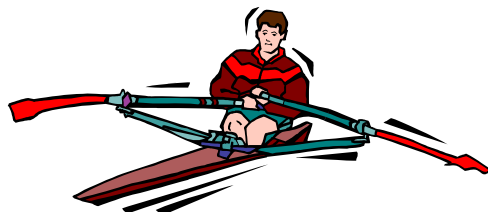
Please pay by check to "Town of Shrewsbury"

Open to Adults 18 and up

### Sculling (two oars)

\_\_\_\_ (113100-J) June 5-9 5:30-7:30AM Mon-Fri

\_\_\_\_ (113100-K) June 12-16 5:30-7:30AM Mon-Fri



**STATEMENT OF PARTICIPANT:** "I am fully aware of the risks and physical demands inherent in the active deep-water sport of rowing. I am in good health and proper physical condition to participate in such activity. I accept and assume all risks and all responsibility for losses, costs and damages incurred by me as result of participation in this activity and agree to save and hold harmless the Town of Shrewsbury, the Donahue Rowing Center and any and all officers, agents and employees thereof from any liability or cost arising directly or indirectly from my participation. **I AM A COMPETENT SWIMMER WHO CAN SAFELY PARTICIPATE IN A DEEP-WATER BOATING PROGRAM WHERE-IN PARTICIPANTS MAY BE REQUIRED TO SWIM A CONSIDERABLE DISTANCE THROUGH DEEP WATER TO SAFETY.**"

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Fees are non-refundable and registrations non-transferable.

All sign-ups are first-come, first serve.

### Office use only:

Amount: \_\_\_\_\_ Payment: \_\_\_\_\_